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The Gum Disease Cure: How I Cured Periodontal Disease In 2 Months (Gum Disease Periodontal Disease Periodontitis Receeding Gums)



How I cured Periodontal disease in 2 months





Synopsis

Discover Proven Strategies that helped me save my teeth from Gum DiseaseToday only, get this bestseller for just \$2.99. Regularly pricedat \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You $\hat{A}\phi\hat{a} - \hat{a}_{,,\phi}\phi$ re about to discover the strategies I used to cure my gum disease and go from red, bleeding gums to pink healthy gums. From having one 8mm pocket with a recommendation for regenerative surgery and 5 other teeth with 5-6mm pockets and 100% Bleeding on Probing to having the 8mm go down to 4mm and the 5-6mm go down to under 3mm, with 0% Bleeding on Probing, and all this without gum surgery! Also, you'll learn the routine I use to maintain my oral health and prevent the gum disease from recurring. These techniques, products and routines helped me cure both Periodontal Disease and Gingivitis. These include strategies for both for the initial phase of getting the gum disease under control and the later day to day routine for prevention of a recurrence. If you are suffering from gum disease, you are one of millions worldwide who have this condition, which left untreated can cause tooth loss, and is actually the leading cause of tooth loss in Adults. The truth is, if you suffer from gum disease and are not overcoming it, is that you simply did not have effective strategies to deal with it until now. You will learn the details of the techniques, products and services I used to overcome my gum disease. Here Is A Preview Of What You'll Learn About...Perio ProtectPower ToothbrushesORA-MDVitamin C and Anti-Inflammatory supplementsScaling and Root PlaningTopical AntibioticsHyaluronic Acid (Gengigel)Oil PullingClinical Research ArticlesMuch, much more!Download your copy today!Take action today and download this book for a limited time discount of only\$2.99, regularly priced at \$4.99!Tags: Gum Disease, Periodontal Disease, Periodontitis, Periodontal Pocket, Gum Surgery, Gums, Receeding Gums, Bleeding Gums, Healthy Gums, Oral Health

Book Information

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Customer Reviews

The Gum Disease Cure is a realistic TAKE ACTION guide with just about every possible counter attack for gum disease on the planet. The author does a nice job connecting with the audience through personal experience. He talks about his issues with gum disease, the research he did, and various action steps he took for treatment. What I really like about this book is Guy isn't afraid to talk about what worked for him. In other words he's not trying to please everyone, which many authors attempt these days. This one's just about as real as it gets. And for that reason I recommend you read this short book and let the author know what you learned. Nicely done!

This book covers how the author turned around his gum disease from a pretty serious situation with a recommendation for gum surgery from his periodontist to a situation where the periodontist proclaimed that there is no need for the surgery and to keep on doing what he has been doing. The book was of interest to me since I also have periodontal disease with 5mm pockets, so I was interested to read what actions could potentially helped.I liked how the daily routine with Perio Protect, brushing with power toothbrushes and ORA-MD are covered. Also there is an interesting chapter on topical and systemic anti-inflammatory supplements such as Vitamin C, CoQ10, Astaxanthin and Resveratrol, which beyond proven research for some of them specifically for gums have benefits for the body as a whole. There is also coverage of what was done during the initial phase to get the disease under control.In general, there are more than 20 distinct products/routines/treatments that are covered, with the spotlight being on the most effective ones that produced the most results.

I appreciate Gary's efforts in writing this story of his efforts to improve gum disease. Fundamentally he ended up using a trays to hold a hydrogen peroxide solution against his gums for 15 minutes a

day. His efforts at improved oral hygiene are also documented. He notes the trays are fairly expensive.Outside his story, I also found a reference to a double blind study that concluded the trays did not have any positive effect. At this point I am frustrated in finding what appears to be scientific evidence that shows trays are a wasted expense and effort. It is unfortunate that this kind of thing happens a lot and that supposed scientific studies are often slanted to produce a result that is wanted by the person funding the study. I do not know who funded the double blind so there is no way to suggest if the work is legitimate. However I have noticed that here in California the dentist have become politically active and donated some \$600,000 to friendly legislative consultants.

The book gives a step by step description of what the author did to cure his gum disease, in this case periodontal disease that had advanced to the stage where his periodontist recommended gum surgery. There are numerous techniques and products suggested, of which the Perio Protect and using power toothbrushes with ORA-MD seem to be the bedrock of the routine used. Also, there is an interesting angle on using anti-inflammatory supplements, mainly antioxidants such as Astaxanthin and CoQ10, to help with the periodontal disease and also for overall physical health. Treatments and products from both the conventional treatment world (i.e., Antibiotics, power brushes, floss) and natural healing worlds (ORA-MD, Oil Pulling using Sesame and Coconut Oil, Vitamin C and antioxidant supplements)There are numerous links to articles with Clinical Research from places such as the National Institutes of health.Bottom line, there is a wealth of useful information in the book that could have a powerful impact on the health of my gums.

The book gives a step by step description of what the author did to cure his gum disease, in this case periodontal disease that had advanced to the stage where his periodontist recommended gum surgery. Loved the straight up reviews of the different products and treatments tried and their impact in the effort to successfully cure the disease. Specific very good suggestions on how to fight gum disease and to keep your gums healthy in minimally invasive ways

The author describes how he overcome his gum disease in a non surgical way. The book not only describes all the methods used, but also provides many useful links for further reading. Many dentists tend to suggest surgery without enough regards to the consequences or any other alternatives, so if you ever get into that situation this book is a must read to explore the alternatives.

Great book which can put you on other tracks of research .. but love it skimmed the book in 10

mins and had a ton of useful product recommendations to pursue. Highly recommended. This book just get's straight to the point.

This is an okay book. Not what I was looking for. I wanted a natural home remedy. The author relies on mechanics, professional services, and manufactured products.

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